

BOSTON IS PREPARING. ARE YOU?

Get Ready

Use this handout to prepare the information, plans, and supplies needed for all types of emergencies.

BE INFORMED

Know how and where to access official information before and during emergencies. Here is a list of sources to get you started:

ALERTBoston: Sign up for ALERTBoston to receive emergency alerts from the City of Boston at www.boston.gov/alertboston



Boston.gov: Visit the City of Boston's homepage for important information about emergencies.

BOS:311: Connect to city services 24 hours a day, 7 days a week. Call **311** or visit www.boston.gov/311

Mayor's Health Line: A free, multi-lingual and confidential health information and referral phone service, open Monday-Friday from 9:00AM - 5:00PM ET. Call **617-534-5050**.

MAKE A PLAN

- Fill out this communications plan or complete your own.
- Create an evacuation plan with two meeting locations.
 - Use this link for the City of Boston: <http://bit.ly/2bNPxnd>
- Learn the emergency plans for the places where your loved ones spend a lot of time (i.e. school, work, nursing home, or daycare).
- Include your pets in your emergency plans. Find out how:
 - Massachusetts Pet Preparedness: <http://bit.ly/planforpets>
 - State of MA Animal Response Team: <http://smartma.org>
- Create and store documents and photos in a waterproof document folder and also electronically on a thumb drive, email or online storage platform.

Visit the City of Boston Family Preparedness Planner at: maps.cityofboston.gov/preparedness_planner

COMMUNICATIONS PLAN

HOUSEHOLD INFORMATION

NAME 1

PHONE 1

NAME 2

PHONE 2

NAME 3

PHONE 3

MEETING LOCATIONS

MEETING PLACE IN YOUR NEIGHBORHOOD

MEETING PLACE OUTSIDE YOUR NEIGHBORHOOD

OUT-OF-STATE CONTACT

NAME

PHONE

EMAIL



MAYOR'S OFFICE OF EMERGENCY MANAGEMENT



OFFICE OF PUBLIC HEALTH PREPAREDNESS



Cut and Keep in Go Kit

BOSTON IS PREPARING. ARE YOU?

Emergencies are local and can affect individuals and communities differently. Planning ahead for emergencies can help keep your family, friends, neighbors, and loved ones safe.

For more information on how to prepare visit: readysafehealthy.org

COMMUNICATIONS PLAN

COMMUNICATIONS TIPS

Consider adding the following contact information to your communications plan:

Home Health Aides, Doctors, Pharmacies, Insurance Companies

- In an emergency, text messages are more likely to go through than phone calls.
- Change voicemail message to indicate you are safe. If phone lines go down, calls will go straight to voicemail.
- Send group text messages. One text message can be pushed out to many people at once.

CREATE A FINANCIAL EMERGENCY FIRST AID KIT

Financial preparation is critical to personal, household and medical information.

- Create a financial emergency first aid kit:
www.ready.gov/financial-preparedness
- Know what your renters or homeowners insurance policy covers, such as flood insurance.
 - Learn about flood insurance: www.floodsmart.gov

BUILD A KIT

- Build a **Shelter-in-Place Kit** and include items that you need if you cannot leave your house for up to 1 week, for example:

- Food and bottled water (1 gallon per person, per day)
- Flashlights and batteries (store separately)
- Blankets (1 per family member)
- Battery powered radio
- Books and toys
- Duct tape
- Baby wipes



- Within your **Shelter-in-Place Kit**, create a **Go Kit** if you need to quickly leave your home for 12 to 72 hours, including:

- Copies of passport, license, and alternate ID
- Food and water that can be easily transported
- First aid supplies
- A change of clothing
- Toiletries
- Prescription medicine
- Cash
- Can opener
- Dust mask (1 per family member)



- If you have pets, be sure to include the following items in a **Pet Kit**:
Pet food, bottled water, medications, vet records, food dishes, first aid kit, spare leash & collar, and pet toys.

GET INVOLVED

- Join the Boston Medical Reserve Corps (MRC):
www.bostonmrc.org



Cut and Keep in Go Kit